Learn:

...about the Ocean City Beach Patrol
...what it takes to be an SRT (Lifeguard)
...how to be safe in and around the ocean
...how to improve your own fitness
...about job opportunities
...about the Atlantic Ocean
...how to make your beach-going experience more enjoyable

The Ocean City Beach Patrol wants to teach ambitious 10 to 17 year-olds the skills and techniques it takes to be a Surf Rescue Technician.

Are You Our Next
SURF RESCUE TECHNICIAN?

YOU COULD BE
after learning what it takes!

The OCBP JUNIOR BEACH PATROL

Discover an ocean of fun!

Ocean City Recreation & Parks

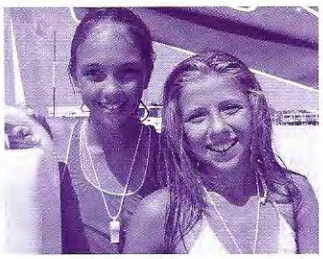
Ocean City Beach Patrol

PROGRAM INFORMATION
www.ococean.com/ocbp
Updated for 2013

PROGRAM INFORMATION

The Junior Beach Patrol program offers children aged 10 - 17 the opportunity to experience the training and daily routine of real lifeguards. We call them "Surf Rescue Technicians" (SRTs).

The Junior Beach Patrol Program models itself after the duties and responsibilities of SRTs and focuses on the development of skills associated with the enjoyable and safe use of the beach environment. It is designed to instruct boys and girls in the skills and techniques of beach safety, water safety, surf rescue and physical fitness.



The Junior Beach Patrol is a National Award-Winning Program that will not only educate and train participants in open water rescue techniques but may also lead to future employment opportunities once certain criteria are met.

All Beach Patrol members are drug-free and serve as positive role models in the community. Every session of Junior Beach Patrol is staffed by OCBP personnel trained in open water rescue. Each Junior Beach Patrol Instructor has completed beach patrol sponsored training for teaching the skills and information offered in this program. Safety has always been, and will remain the focus of the Ocean City Beach Patrol. To that end, the Beach Patrol strives to maintain a five to one ratio of participants to instructors.

Ocean City Beach Patrol
109 Dorchester Street
Ocean City, Maryland 21842
OCBP Headquarters (410) 289-7556
Program Registration (410) 250-0125

***Email:* ocbp@ococean.com**
www.ococean.com/ocbp

PROGRAM OPTIONS

Option 1: Our One-Day Clinic

The One-Day Clinic is an exciting opportunity to get a taste of what our full session has to offer. Participants will meet with Beach Patrol staff, learn about the job of the SRTs, receive training in Beach Patrol protocol and get to use some of the equipment utilized by Surf Rescue Technicians. Participants can also look forward to physical conditioning and learning semaphore, the lifeguard flag signals.

The One-Day Clinics are offered on Thursday afternoons from 1:00 to 5:00 P.M. These are great opportunities for those who come to Ocean City and want to experience something that not many people ever get a chance to do. The One-Day Clinic is designed to be an easy addition to an already-planned vacation.

Option 2: Our Four-Day Academy

The Four-Day Junior Beach Patrol Academy is an awesome opportunity for youth to grow in knowledge of the duties and responsibilities of Surf Rescue Technicians. It gives participants the chance to exercise as the lifeguards do, learn about the ocean, currents and weather conditions, use rescue equipment, enter and exit the surf "professionally", as well as participate in competitions and graduation ceremonies on the beach. It is lots of fun!

The four-day morning academies are offered Tuesdays through Fridays beginning at 8:00 A.M. and ending at 11:30 A.M. The four-day afternoon academies are offered Tuesdays through Fridays from 1:00 P.M. to 4:30 P.M. The majority of instruction takes place on the beach by the water's edge between the Wicomico Street Pier and North Division Street. This is a great opportunity for anyone who likes to swim and run, and who may consider working for the Ocean City Beach Patrol in the future. The Junior Beach Patrol program continues to produce graduates who become Surf Rescue Technicians.

GOALS & OBJECTIVES

- Have Fun Learning
- Promote Personal Responsibility
- Develop a Better Understanding of Beach and Water Safety Techniques
- Heighten Public Awareness and Education of Beach Safety
- Improve the Health and Fitness of Each Participant
- Encourage Good Sportsmanship, Team Unity and Discipline
- Prepare for Future Surf Rescue Employment

NUMBER OF PARTICIPANTS

Each clinic and academy has a maximum enrollment of 30 participants. This limit has proven to be the most effective in maintaining safety, affording time for efficient use of equipment and is appropriate for the competitions held at the conclusion of each session.

LOCATION

Each clinic and academy initially meets at Beach Patrol Headquarters, located at 109 Dorchester Street in downtown Ocean City. From there, participants will be taken to the beach directly east of the Boardwalk between the Wicomico Street Pier and North Division Street.

Many families make it a day at the beach, and enjoy watching their children participate and practice the skills of lifeguarding.

REGISTRATION

All registration for clinics and academies is on a first come - first served basis. We do, however, maintain a waiting list should there be a late cancellation. The Recreation Department can take reservations months in advance. So register early and plan your vacation around this incredible experience. All monies are due at the time of registration and a signed hold-harmless waiver is collected. We also ask for participant tee shirt sizes so that we can order appropriately.

OPPORTUNITIES TO COMPETE

The Junior Beach Patrol affords all participants the opportunity to compete against other JBP members at the end of each academy. A select team of Junior Beach Patrol participants may compete in local, regional and national competitions.

PROGRAM FEES

All registration and fee collection is handled by the Recreation and Parks Department located at 125th Street bayside. For registration information call 410-250-0125 or visit the website and register on line at www.ococean.com/ocbp

INCLUDED WITH REGISTRATION

- Official uniform shirt
- OCBP issue whistle
- Panama Jack sun screen
- JBP manual
- Certificate with photo of Participant

AVAILABLE FOR PURCHASE

- Bathing suit (board shorts)
- Hats
- Embossed OCBP whistle
- Sweatshirts with JBP logo
- Official OCBP memorabilia

WHAT TO BRING EACH DAY

- Bathing suit
- Towel
- Water
- Great Attitude!

NOTE:

This is designed for 10 to 17 year olds who are accomplished swimmers (Red Cross Learn-To-Swim Level 4 or higher). Participants must be comfortable in the surf and waves, as well as water that is over-head deep. This is not a learn-to-swim program.

SCHEDULE

OUR ONE-DAY CLINIC

These single-day sessions begin the week after July 4th. Please call for information. There are a total of six One-Day Clinics offered each summer.
www.ococean.com/ocbp

OUR FOUR-DAY ACADEMY

A new session begins each Tuesday after July 4th, continuing into August. There are new skills and equipment introduced at each of the five levels. Please call for more information.
www.ococean.com/ocbp

PARTICIPATION REQUIREMENTS

LEVEL 1 or Entry-Level Participants Must Be:

- At least 10 years of age
- Able to swim 50 yards without stopping
- Able to jog 100 yards in 1 minute
- Able to perform calisthenics, flexibility and conditioning exercises
- Able to follow instruction and stay on task
- Comfortable with spending extended periods of time in the beach environment
- Prepared for a physically challenging experience
- Able to enter and exit the surf without assistance

LEVEL 2 Participants Must Be:

- Successful graduates of LEVEL 1
- At least 11 years of age
- Able to swim 100 yards without stopping
- Able to run 250 yards without stopping
- Recommended by a JBP Instructor

LEVEL 3 Participants Must Be:

- Successful graduates of LEVEL 2
- At least 12 years of age
- Able to swim 250 yards without stopping
- Able to run 500 yards without stopping
- Able to carry a rescue board
- Recommended by a JBP Instructor

JBP CREW CHIEF Participants Must Be:

- Successful graduates of all levels of JBP
- At least 14 years of age
- Proficient in the use of all equipment
- Able to communicate clearly and teach others
- Recommended by a JBP Instructor

JBP Assistant Instructor:

- This is a paid position with the Beach Patrol that is available to those who are at least 15 years of age and have successfully completed all JBP levels. All applicants are expected to pursue an SRT position with the Beach Patrol when they are 17 years old. The hiring process for this position includes a physical test and an interview. Paid training includes physical skills, First Aid/CPR certification.