

# This spray can save a life

**And so can you.**

Learn how you can save  
someone from an opioid  
overdose with naloxone.

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**Be a hero. Get certified.**

**Sign up for free training  
at [hchealth.org](http://hchealth.org)  
410.313.6202**

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FOR YOU, YOUR FAMILY AND FRIENDS

# AN OVERDOSE CAN HAPPEN TO ANYONE. WOULD YOU KNOW WHAT TO DO?

The Howard County Health Department invites you to register for our **Opioid Overdose Response Program**—a one-hour class (offered online or in-person) that will train you on how to spot an overdose and save someone's life.

## IN THIS PROGRAM YOU'LL LEARN HOW TO:

- 1 identify** various legal and illegal drugs, including heroin, fentanyl, oxycodone
- 2 recognize** the signs and symptoms of overdose
- 3 perform** rescue breathing
- 4 give** intra-nasal naloxone, a medication that reverses the effects of an overdose by re-storing the person's ability to breathe
- 5 care** for the individual until help arrives.

In short, you'll acquire the skills, confidence and official certification you need to take life-saving action in an emergency.

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**For more information and to register for training, contact [hchealth.org](http://hchealth.org), 410.313.6202.**

*The program is free. The result is priceless.  
Be a hero. Enroll today.*

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