



HoCo Kids: FREE Life Skills Classes

HC DrugFree is providing another series of FUN and interactive skills-based classes designed to promote positive health and personal development for students in grades 6 to 9, (slightly older or younger students will be considered.)

The curriculum is designed to strengthen student abilities in the following areas:

- Self-Image & Self-Improvement
- Social Skills
- Resolving Conflicts
- Coping with Uncomfortable Feelings
- Personal Self-Management Skills
- Evaluating Advertising & Entertainment
- Drug Resistance Skills
- And MUCH MORE!!!

Meeting via Zoom

Tuesdays January 16, 23, 30, February 6, 13, 20, 27 & March 5
5 p.m. - 6:30 p.m.



Learn more: [HCDrugFree.org/currentevents](https://www.HCDrugFree.org/currentevents)

HCDrugFree
Empowering the Community

443-325-0040
LifeSkills@hcdrugfree.org
www.HCDrugFree.org