

HC DrugFree

HC DrugFree: Keeping Howard County *in the KNOW!*
...knowledge is power, so just say KNOW

“Never iron a four-leaf clover, because you don’t want to press your luck.”

♣ -Irish Proverb ♣

Save the Date

March 18: [TAC Talks: Teen Listening Session](#)

March 20: [Senior Week: Staying Safe in Ocean City](#)

April 14: [HoCo Student Film Submission Deadline](#)

April 16: [Parenting Strategies: How to Talk about Drug Use in Popular Media](#)

April 27: [Medication and Sharps Drive-Thru Collection](#)

May 3: [HoCo Student Film Festival](#)

Have a Safe St. Patrick's Day ♣



Luck favors the responsible. Be the driver who says NO to impaired driving and plans a sober ride home. [Learn more](#)

**Join Us This Monday!!!!
Hear What HoCo Teens Have to Say**

TAC TALKS



Teen Listening Session: Bridging the Gap Between Middle & High School



Monday, March 18, 5:30 - 7 p.m. on Zoom

Howard County teens want YOU to know what's on their minds and they really want to share their wisdom with middle schoolers concerned about transitioning to high school.

Join HoCo teens as they present "insider information" for parents, educators, middle school students, and their high school peers during this special student-lead community program. This is a unique opportunity for community members to listen to the real experiences of HoCo youth to better understand and support them. [Learn more & register](#)

HoCo Teens & Families Learn How to Stay Safe



HC DrugFree's annual **Senior Week: Staying Safe in Ocean City** program will be held on **Wednesday, March 20 at 7:00 p.m.** on Zoom.

The Ocean City Police Department and Beach Patrol are joining our team to offer this learning experience for graduating high school seniors, their parents/guardians and grandparents, and the community. This program is appropriate for anyone visiting Ocean City this summer. [Learn more & register](#)

Worried About Senior Week?
You are not alone!
HCDrugFree
Presents
Senior Week: Staying Safe in Ocean City
Wednesday, March 20, 2024
7 p.m. on Zoom

Speakers:
• Jane Wells Scamlinich, HC DrugFree
• Ocean City Police
• Ocean City Beach Patrol

Learn more & register:
hcdrugfree.org/senior-week

For additional safety tips, visit our website and click on Senior Week.
443-325-0040 • www.hcdrugfree.org

Be a Parent Not a Friend

Don't make alcohol available to teens.

Classes for HoCo Parents and Grandparents

What are HoCo Parents, Guardians, and Grandparents saying about our FREE Parenting class?



"I have been a parent for nearly 40 years and a grandparent for eight. No one is too old to learn new and better ways of dealing with family interactions. I love the idea of introducing these skills at an early age and will definitely introduce them to my grandchildren whenever they're with me. I think teaching them refusal skills especially is critical, especially these days when they're going to be exposed to so many negative and dangerous behaviors."

HCDrugFree

Learn skills to help your HoCo kids and grandkids! Guiding Good Choices® is an evidence-based curriculum that helps adults to build stronger relationships with their kids and grandkids, all while teaching them how to deal with peer pressure and avoid risky behaviors. If you are the **parent, guardian or grandparent**, then this may be a powerful resource for you.

Learn how to:

- Strengthen family bonds
- Manage conflict and express feelings constructively
- Develop healthy attitudes and clear standards
- Avoid trouble and response to peer pressure
- Prevent drug use in your family
- and much more!

We urge you to attend all five of HC DrugFree's Zoom classes, but if you missed class 1, it's not too late to hurry to register for the remaining classes scheduled to be held on **Tuesdays, March 19, April 2, 9, and 16** from **Noon – 1:30 p.m.**

[Learn more & register](#)

We Are Hiring



HC DrugFree is looking for self-motivated Howard County professionals with a heart for people of all ages in our great community. Those with educational, public service, or nonprofit experience are strongly encouraged to apply. All candidates must pass a background check and possess strong organizational skills, writing skills, and computer skills.

Individuals with teaching and leadership experience are strongly encouraged to apply.

Part-Time to Full-Time Educational Outreach Coordinator

HC DrugFree has an **immediate opening** for a part-time or full-time **Educational Outreach Coordinator** with potential for advancement within the organization.

Part-Time Marketing & Outreach Assistant

HC DrugFree has an **immediate opening** for a part-time **Marketing & Outreach Assistant** with potential for advancement within the organization

[Learn More & Apply](#)

HoCo Students: Get Involved

HC DrugFree invites **all Howard County students in grades 8-12** to attend our monthly meetings and serve as student ambassadors in their schools and in the community.

Why join TAC?

- **Earn Community Service Hours**
- Gain experience for job & college applications
- Volunteer opportunities year round
- Be a leader and role model in Howard County!

Join our teens at the next TAC meeting and special teen program on **Monday, March 18** from 5:30 to 7 p.m. on Zoom. Register early to get the meeting link. [Learn more](#)

[Learn More about Joining TAC](#)

Drive-Thru Medication & Sharps Collection

Saturday, April 27 • 10 a.m. - 2 p.m.

Please join HC DrugFree and our partners for our convenient twice-a-year drive-thru medication and sharps disposal event.

Bring prescription and over-the-counter medications, needles, syringes, Epi-Pens, vitamins, vapes, pet medications and more to the Wilde Lake Village Center parking lot near the Swim Center. Meds will be guarded and transported by the Howard County Police Department and the Drug Enforcement Administration. [Learn more & volunteer](#)

Medication & Sharps Disposal Convenient Drive-Thru Event

Saturday April 27 • 10 a.m. - 2 p.m.



Safely dispose of:

- Prescription medication
- Over-the-counter medication
- Sharps (syringes, needles, EpiPens, etc.)
- Vitamins
- Pet medication
- Vapes without batteries
- Inhalers
- And more!

HCDrugFree Wilde Lake Village Center Parking Lot
5305 Village Center Drive, Columbia 21044

Volunteers Needed

Seeking students, adults, and medically-trained adults.
Spend some time making a difference in Howard County.
Community service hours available for students.

Medication Lockbox Giveaway!

We have 100 medication lockboxes to give away for FREE!

\$44 value. First come, first served.
Limit 1 per vehicle.



[HCDrugFree.org](https://www.HCDrugFree.org)

Funded by the Howard County Health Department, MDH, SAMHSA, and Howard County Police.
Medication Lockboxes provided by the Howard County Public School System.

Be Our Friend

Please consider becoming a [Friend of HC DrugFree](#). Your support shows funders that you value the work that we do. Thank you for your continued support of the important work we do at HC DrugFree!

[Donate Now](#)

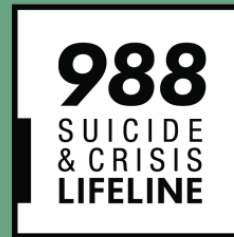
Or mail your **donation** to HC DrugFree's office:

HC DrugFree
5305 Village Center Drive, Suite 206
Wilde Lake Village Center
Columbia, Maryland 21044

Resources

**YOU
MATTER**

Text.
Call.
Chat.



The 988 Suicide & Crisis Lifeline:

Marylanders who are experiencing a mental health or substance use crisis should call or text 988. Learn more at [988.maryland.gov](https://www.988.maryland.gov). Maryland veterans and their loved ones can call 988 and press 1 to transfer to the Veterans Crisis Line. Press 2 for Spanish. Press 3 for LGBTQIA+ support.

[Additional Resources](#)

For more information, contact

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