



HCDrugFree

Free Life Skills Class
for HoCo Students

Set HoCo Kids up for Success

HC DrugFree is providing another series of FUN and interactive skills-based classes designed to promote positive health and personal development for students in grades 6 to 9. (Slightly older or younger students will be considered.) Taught by college students with supervision from adult educators and assistance from high schoolers acting as mentors and role models. This innovative, evidence-based course will help your child stand up for themselves AND keep their friends.

The curriculum is designed to strengthen student abilities in the following areas:

- Self-Image & Self-Improvement
- Social Skills
- Resolving Conflicts
- Coping with Uncomfortable Feelings
- Personal Self-Management Skills
- Evaluating Advertising & Entertainment
- Drug Resistance Skills
- And MUCH MORE!!!

Meeting via Zoom 10 a.m. - 11:30 a.m.

July 15, 16, 17, 18, 22, 23, 24, & 25

Learn more: [HCDrugFree.org/currentevents](https://www.HCDrugFree.org/currentevents)

HCDrugFree

443-325-0040

LifeSkills@hcdrugfree.org

www.HCDrugFree.org

Funding provided by the Howard County Health Department, MDH, and SAMHSA

